

**Coached Race Training**

7                      7                      4

Sail No	Club	Name	I / we would Like:	I prefer to be:	Accommodation Request:	Nights of:	Nos. Sat Supper:	Nos. Sun Breakfast:	No of Packed Lunches:	Team Mates	Notes
		James & Fiona Holman			1 x D/R		2	2	?		
		Tom Holbrook	Sign up as an individual	Helm	1 x S/R	Sat	1	1			
	RYS	Perdy Light	Sign up as an individual	Don't mind	NA	NA	0	0	0		can only attend the racing on Saturday.
	RYS	Sam Petty	Sign up as a crew		1 x D/R 1 x T/R	Sat	4	4	4		1 x Dairy Free